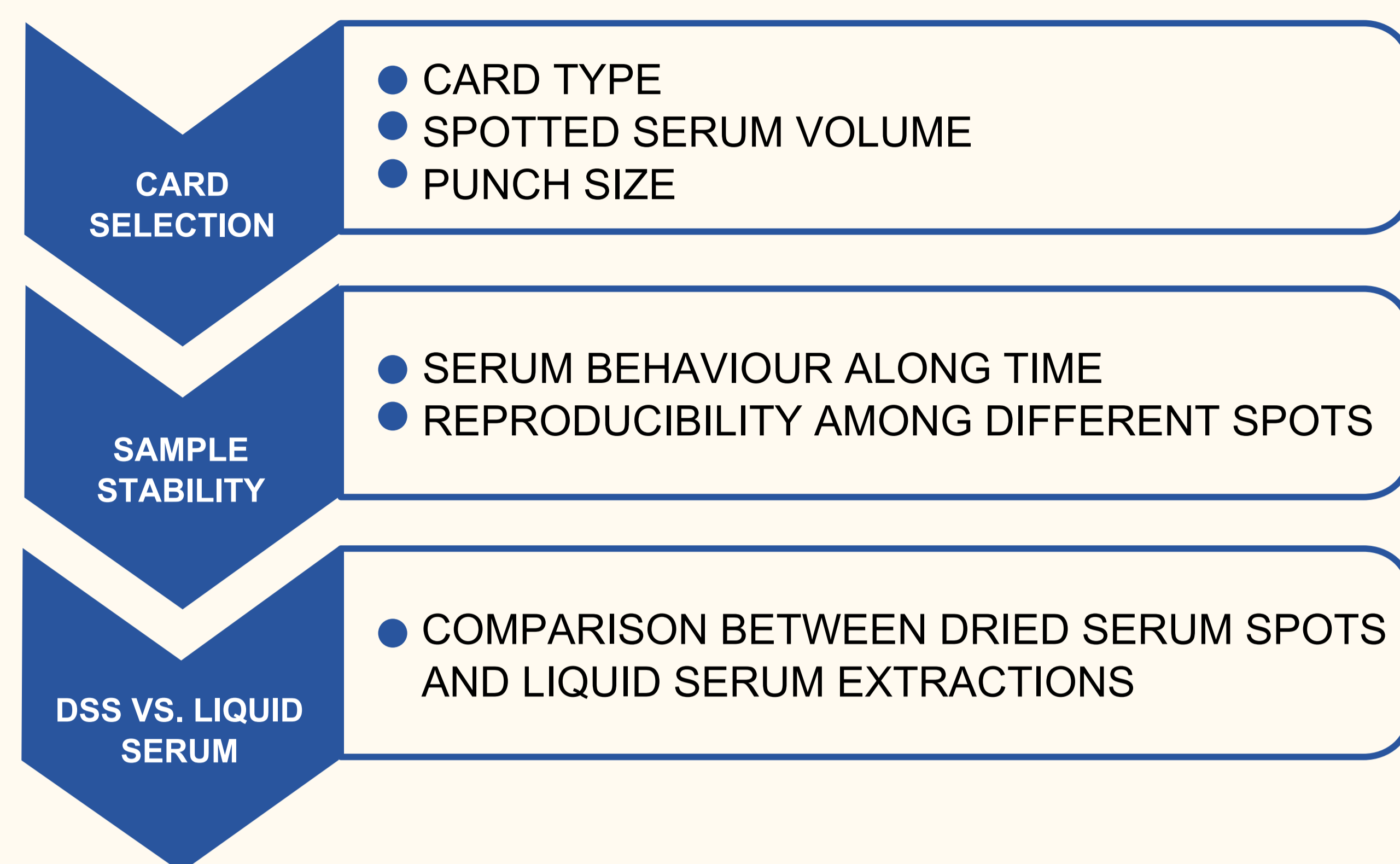


1

## DSS METHOD OPTIMIZATION

Dried Serum Spots (DSS) offer a number of advantages like easy and cheaper sample transportation at room temperature as well as sample conservation and storage, facilitating thus multicenter studies or shipping samples.

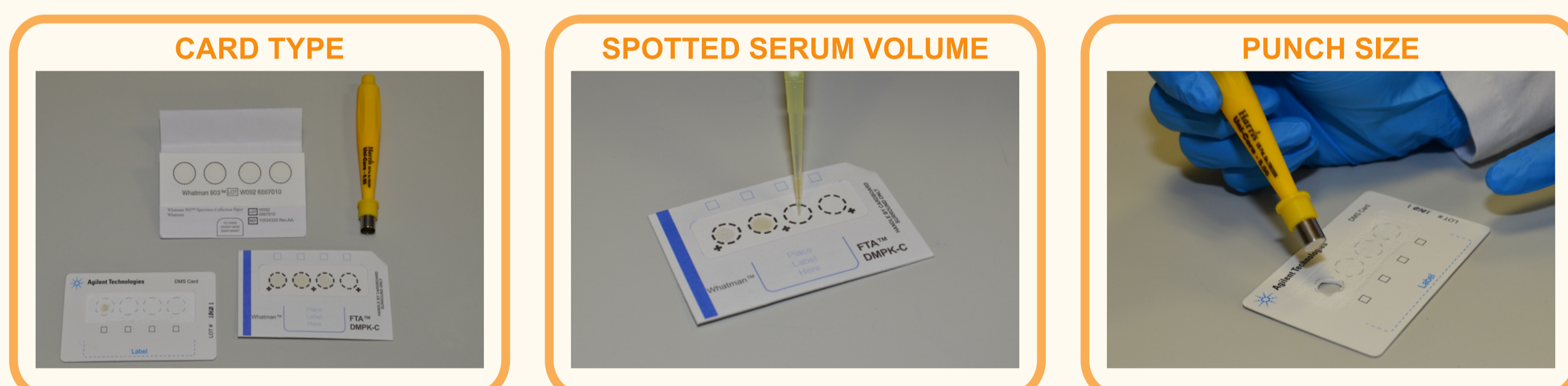


**Method Development Flowchart.** Steps followed for the implementation of a lipid method extraction in DSS.

2

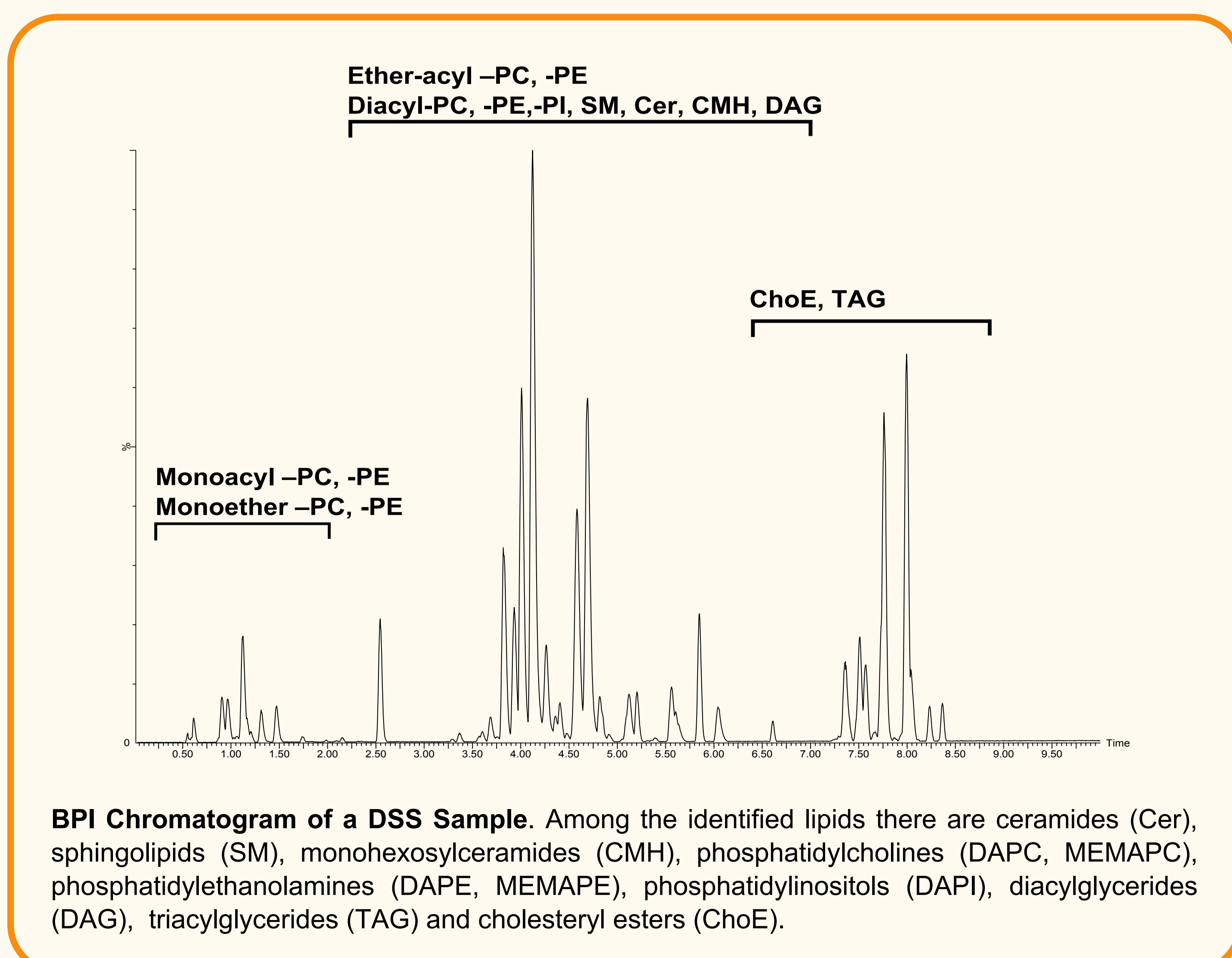
## CARD SELECTION

Type of cards, punch sizes and extraction procedures were selected based on the amount of recovered compounds and their chromatogram intensities, as well as the variety of extracted lipids. The best results were achieved with Agilent DMS cards and a punch of 3 mm. Cards were loaded with the maximum volume of serum permitted, being 100 µL for Agilent DMS cards.



The assay consisted of a simple solvent extraction with chloroform/methanol of a disk punched from the center of the DSS card, followed by reverse phase separation using an UPLC-BEH C18 column in combination with a tandem Xevo G2 QToF mass spectrometer (Waters Corp.)<sup>‡</sup>.

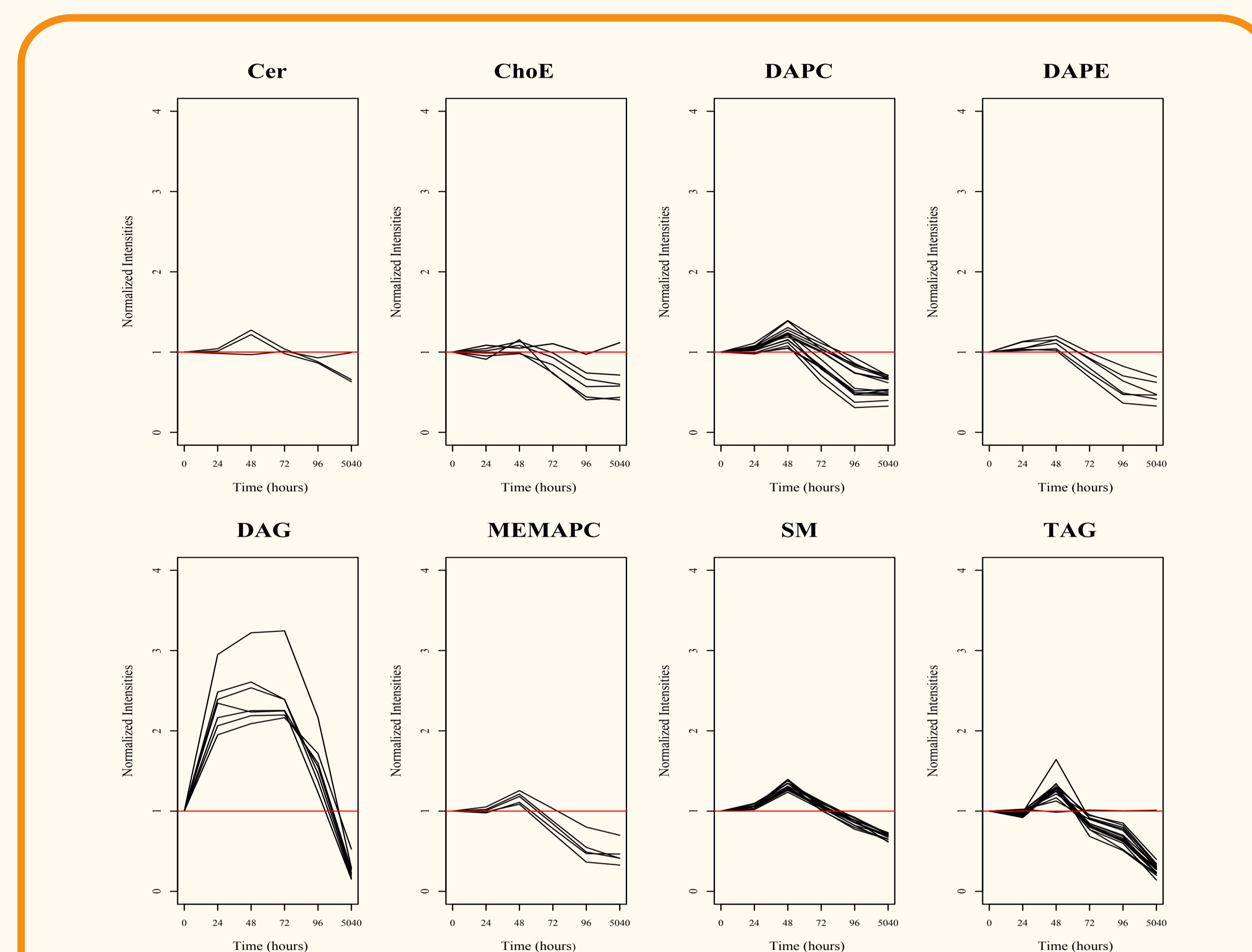
<sup>‡</sup>Barr, J. et al. J. Proteome Res. 2012, 11, 2521-2532.



3

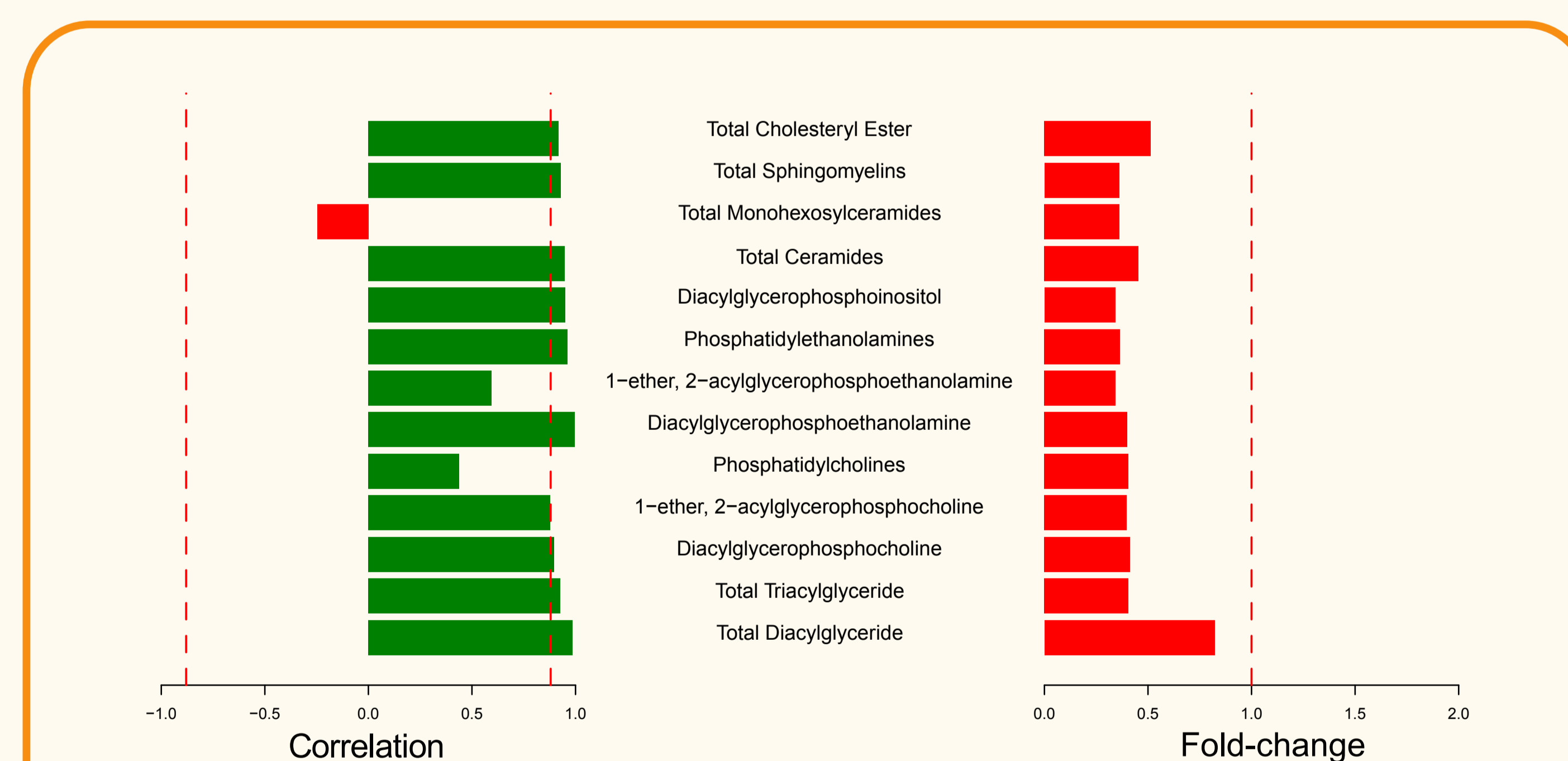
## SAMPLE STABILITY

Lipid species show significant differences along time, decreasing their intensities with time. Trend curves are different among lipid classes, however, similar behaviour is observed within the same class. Several spots were analyzed at each time point and no significant differences were found among their values.



4

## COMPARISON DSS VS. LIQUID SERUM



5

## CONCLUSIONS

- A simple method to obtain the lipidomic profile in DSS has been optimized.
- Levels of lipid species show significant differences along time though similar behaviour is observed within the same class.
- Lipid levels in DSS are lower than those in liquid serum for all studied metabolites.

